



**DayBreak**  
Adult Care Centers

What's DayBreak?

# 3 Main Takeaways

1

Work with your natural communities.

2

Meet people where they are.

3

Have a genuine conversation with people about their challenges.



ruinedchildhood

# Training Topics

- Injury Prevention
- Home Safety
- Body Mechanics
- Medication Management
- Communication with PCP
- Behavioral Health
- Elder Abuse
- Nutrition
- Caregiver Burnout
- Memory Care
- Advanced Directives



# Caregiver Training at Hong Fook Center



# Home safety



\*Shower Chair



\*Hand Held Shower



\*Bed Rail - Fits under mattress



\*Tub Bench



Non-skid Mat - Inside shower



Non-skid Mat - Outside of shower



\*Bedside Commode - Can also fit over toilet



\*Toilet Safety Rail - Installs with toilet seat



Tub-Mounted Grab Bar - Appropriate for fiberglass showers/tubs

\*These items require assembly or installation by a caregiver before use.

# Body mechanics

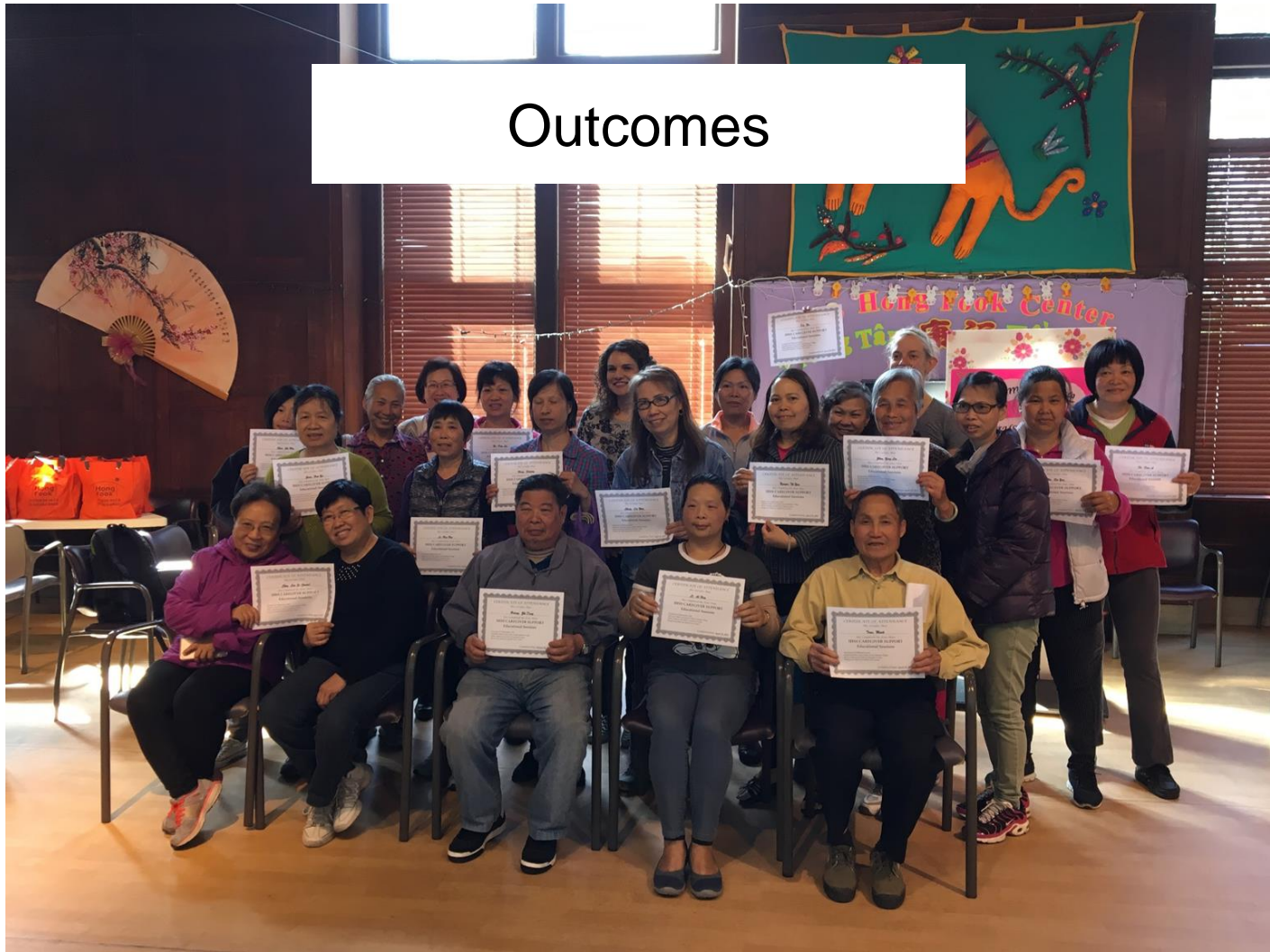




Medication management



# Outcomes



Call us!

(510) 834 - 8314

